



AIG Crisis Solution
Prevention Management

Ten Point Travel Security Plan



Travel smart, travel safe, and enjoy your trips abroad.

Whether for business or pleasure, you and your family are likely to travel internationally on a regular basis. When you do, simple security planning can help ensure a trouble free trip.

In today's volatile world, international travel can be a hazardous undertaking. And it's not only trips to exotic destinations that can present security challenges, traditionally 'safe' countries can also pose real risks. Therefore, planning is an essential part of any overseas travel.

The AIG Prevention Management team have devised a ten point plan that highlights essential points to consider before you travel and while you're away. These include:

- 1. Destination**
- 2. Economy**
- 3. Medical**
- 4. Appearance**
- 5. Luggage**
- 6. Documents**
- 7. Personal items**
- 8. Airports**
- 9. Ground transportation**
- 10. Hotels**

Specialists are available to talk you through this booklet and provide any additional information that you require.

Get in touch on

pcprevention@aig.com
to arrange a telephone appointment.

Pre-Travel

1. Destination

The world is a big place. You may like to think about the big picture before selecting a destination.

- Where is the destination geographically?
- What is the climate likely to be in that region/country/area?
- How is the location going to affect you: temperature, elevation, humidity, pollution?
- Are there any hostile or warring neighbours?

Travel Advice

Countries have different risk factors, entry restrictions and health

requirements. Before travelling consider:

- Passport and visa requirements
- Additional documents (letter of invitation)
- Crime statistics
- Health warnings
- Travel restrictions

Evacuation

Consider the likelihood and local capabilities across a range of events.

These include:

- Medical emergencies
- Terrorist attacks
- National conflicts
- Political crises
- Natural disasters

Political

A country's political situation may be stable or volatile, but before you travel it's worth understanding:

- The political situation
- How it could affect you
- The likelihood it could affect you
- Restrictions on information and reporting
- Embassies in-country

A list of worldwide embassies can be found at:

www.embassyworld.org

Cultural

Experiencing a country's culture is a highlight of many trips abroad.

However, local cultural restrictions can also impact how you behave.

- What is the religion?
- How will the local religion affect you?
- Are there any cultural restrictions?
- Are there any customs to be aware of?
- What are the local laws?

The Foreign & Commonwealth Office is a good source of pre-travel information.

Foreign travel advice:

www.gov.uk/foreign-travel-advice

Foreign travel checklist:

www.gov.uk/foreign-travel-checklist

Pre-Travel

2. Economy

A country's economy and banking system can have a big impact on the type and amount of currency you carry. Points to consider include:

- The country's financial stability
- Currencies accepted (local and/or foreign)
- How can you obtain local currency prior to arrival?
- Estimate how much cash you will need (limit the amount of cash that you carry)
- What is the best option for obtaining cash in country?
- Can your local hotel exchange currency?
- Leave credit cards at home if they are not going to be used

3. Medical

From cuts and life-threatening injuries to Malaria and Yellow Fever, different destinations will provide varying standards of medical care and require different immunisations. Before you venture overseas you need to ensure you're fit for travel.

Points to consider

- Endemic diseases
- Immunisations required
- In country facilities available (medical and dental)
- If required, how would you arrange a medical repatriation
- If required, post trip medical check-up or quarantine precautions

Items to bring

- Prophylaxis drugs (treatments used to prevent a disease)
- A medical pack
- Medications, creams, repellents
- Special clothing

Fit For Travel

Travel health information for people travelling abroad.

www.fitfortravel.nhs.uk

4. Appearance

Standing out from the crowd can make you a target for unwelcome attention. Although it may be difficult to look like a local, there are simple steps you can take to blend-in.

- What do people wear?
- Try to pack clothing that will suit you to fit in
- Consider suitable clothing for climate
- Avoid obviously expensive clothing and items with national logos
- Consider the appropriateness of expensive jewellery and watches
- Be wary about bringing and using mobile phones, laptops or other

Don't travel without insurance – make sure it covers you for any activities you are likely to undertake including extreme or water sports.

Pre-Travel

5. Luggage

Your luggage, and the amount of it, can be an indicator of your wealth and the fact that you're on holiday. Make it difficult for people to profile you.

- Know what's in your bags
- Name and address labels should be covered
- Exclusive airline club cards may make you stand out
- Hard luggage cases can be more secure
- Expensive branded luggage conveys wealth
- Consider the quantity you are able to carry

Useful equipment to carry

- Basic first aid kit
- Small flashlight
- Pen knife (main hold baggage)
- Door wedge
- Secure travel wallet
- Coded cable lock
- Passport covers

Make sure you fill in the emergency contact details in your passport.

6. Documents

The documents you carry will help you cross borders and make it easier to access assistance in an emergency. Making sure you can access them when you need to is essential.

Documents to carry

- Passports
- Visas
- Invitation letters
- Insurance details
- Travel details
- Immunisation records
- Medical records

Security of documents

- These are sensitive documents and should be kept secure
- Carry back-up photocopies
- Electronic copies/scans can be stored by a trusted acquaintance at home

7. Personal Items

Consideration needs to be given to the items you take with you and how appropriate they are for the destination.

- Sensitive books
- Explicit literature
- Military and association cards
- Weapons or self defence equipment
- Prohibited items

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Pre-Travel

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Whilst Away

8. Airports and Airlines

Airports are your gateway to a destination. Although they are often secure areas, they may also provide a location where you can be profiled. Ensure you can transit an airport quickly and easily to reduce the chances of unwelcomed attention.

Points to consider include:

- Airline section (non-stop flights where possible)
- How secure is the airport (terminal and airside security)?
- What are the arrival and departure procedures?
- Where do international and domestic flights arrive?
- What customs and immigration procedures are there?

9. Transfers

Transferring from an airport or arrival port to your hotel or office can be one of the most stressful parts of your trip. Simple preparation can make all the difference, allowing you to be free to enjoy the ride.

Collection by pick-up

- Always try to arrange a reliable pick-up
- Use a discrete sign or person you know
- If the pick-up is unknown, make sure there are clear meeting place instructions
- If possible, the pick-up should know the area
- Transfer directly to your hotel or office

Transfer by taxi

- Find out how to identify legitimate taxis
- Do not accept offers of taxis from people in the airport reception area
- If there is a hotel pick-up, make sure you have reserved a space
- Have the address of where you are going written down so that the driver can read it
- Establish destination and fare before loading luggage and starting the journey
- Use porters with caution
- Check all of your baggage into the taxi first
- Make sure there are no other passengers

10. Accommodation

Your hotel can be a home away from home. Time you spend researching your accommodation and preparing your room can make your stay much more secure. Points to consider include:

- The profile of the hotel/chain (would it be an obvious target)
- Its location and proximity to emergency services
- What security exists?
- How secure is visitor access?
- Room selection: preferably floors 2-7 at rear of building
- Can you store your valuables securely?
- Room preparation (a grab bag if you need to exit quickly)

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